



WEST VAN FOR YOUTH COALITION MEETING MINUTES
September 12, 2017
4 PM – 5:30 PM
Discovery Middle School- The Gallery Room

Present: Major W. Harris Jr., Angela Riddle, Logan Morrow, Esmey Faris, Alex Mackey, Christopher Belisle, Deanna Green, Gloria Dominguez, Alaina Green

Upcoming Opportunities

- **Prevention Summit Coalition Training** - Nov. 3rd and 4th (Arrive on Nov. 2) in Yakima, WA hosted by Dept. of Behavioral Health and Recovery. If you would like to attend this training, representing WVY please contact alaina.green@clark.wa.gov. We have a limited number of spots, we will accept the coalition member to share interest and then begin a waiting list. "The goal of the Prevention Summit is to provide an enriching and culturally competent training and networking opportunity for youth, volunteers and professionals working toward the prevention of substance abuse, violence and other destructive behaviors as well as integrating such prevention efforts with primary health care."
- **Guiding Good Choices Parent Education**- A FREE five session program for parents of children in grades 4-8 designed to teach skills to help you teach your children how to make healthy choices! Guiding Good Choices is a program that helps to establish or strengthen family values and expectations around substance use prevention. Guiding Good Choices is a nationally recognized prevention curriculum that has long term results that shows: a 40.6 % reduction of alcohol use with significant reduction rates in a 10 year follow-up and increases a positive sense of worth in the children. Our GGC dates: 5 Consecutive Thursdays Oct. 12, Oct. 19, Oct.25, Nov. 2 and Nov. 9 from 6-8pm. At 5:30 a free dinner will be provided and childcare as well.
- **Training: Methods for Evaluating Environmental Strategies** by Rodney Wambeam Ph.D. September 21 Webinar http://www.theathenaforum.org/webinar_methods_and_tools_for_evaluating_environmental_strategies
- **Training: Neighborhood Leadership Training**- Getting the next generation ready to lead at Vancouver City Hall <https://t.e2ma.net/message/802js/wrzpve>
- **RX Take Back Event:** Have out-of-date or unused medications? On Oct. 28th take them to PeaceHealth Southwest Urgent Care on 33rd and Main (South Lot), Vancouver.
- **WVY Red Ribbon Week Workgroup:** Tuesday, Oct. 3rd Contact Angela Riddle if interested in joining for location and time ariddle@vhausa.com
- **Prevent Fall 2017 Coalition Meeting: How has commercialized Marijuana impacted the communities of our state?** Presenter Steven Freng, Psy. D., MSW. Wednesday, Sept. 20 3:30-5pm ESD 112 Conference Center, Skamania Room
- **Interested in Volunteering for Red Ribbon Week or Guiding Good Choices?** Please see attachment, "WVY List of Volunteer Opportunities"

What did WVY do at this Coalition Meeting?

At this meeting WVY Coalition Meeting, we split off into two workgroups and planned out two upcoming events Red Ribbon Week (October 23rd - October 31st) and Guiding Good Choices Parenting Education 5 week course (5 Consecutive Thursdays Oct. 12, Oct. 19, Oct.25, Nov. 2 and Nov. 9 from 6-8pm). Below you will find a list of Action Items WVY identified as next steps for each of these community projects.

Red Ribbon Week Action Planning

The Red Ribbon Campaign® is the oldest and largest drug prevention program in the nation, reaching millions of young people during Red Ribbon Week®, October 23rd - October 31st each year. Red Ribbon Week offers ways to connect with and talk to the community about prevention efforts. It is a national campaign which we participated in last year and will do so again this year. Previously, we worked with Discovery Middle School students to do a Red Ribbon spirit week, poster competition. We placed ribbons across the community for prevention awareness. A theme unifies each year's campaign and helps to broadcast one message, creating a tipping point to change behavior. This year's theme is *Your Future is Key*. **Planning Guide:** http://redribbon.org/downloads/2017_NFP_Red_Ribbon_Planning_Guide.pdf

Guiding Good Choices

A FREE five session program for parents of children in grades 4-8 designed to teach skills to help you teach your children how to make healthy choices. The program helps reduce problem behaviors, such as delinquency and substance abuse, by increasing positive communication and interaction between parents and children around defined expectations for children's behavior. Guiding Good Choices is a nationally recognized prevention curriculum that has long term results that shows: a 40.6 % reduction of alcohol use with significant reduction rates in a 10 year follow-up and increases a positive sense of worth in the children. Our GGC dates: 5 Consecutive Thursdays Oct. 12, Oct. 19, Oct.25, Nov. 2 and Nov. 9 from 5:30-8pm. Free dinner and childcare provided.